

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results****Women 29&U 60 Meter**

Name	Age	Team	Prelims	H#
				H#
				H#

**Preliminaries**

1	Mitchell, Kerriann	York University Track Club	7.51 q	
2	Emmanuel, Crystal	York University Track Club	7.56 q	
3	Omene, Ese	York University Track Club	7.98 q	
4	Adamson, Jessica	U of T Blue	8.38 q	
5	Dominico, Gillian	Unattached	8.39 q	

**Women 29&U 60 Meter**

Name	Age	Team	Finals	H#

**Finals**

1	Emmanuel, Crystal	York University Track Club	7.54	
2	Omene, Ese	York University Track Club	7.95	
3	Dominico, Gillian	Unattached	8.35	
4	Adamson, Jessica	U of T Blue	8.49	

**Women 35-39 60 Meter**

Name	Age	Team	Prelims	H#

**Preliminaries**

1	Beckles, Khama	35 U of T White	8.31 q	
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**Women 35-39 60 Meter**

Name	Age	Team	Finals	H#

**Finals**

1	Beckles, Khama	35 U of T White	8.24	
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**Women 45-49 60 Meter**

Name	Age	Team	Prelims	H#

**Preliminaries**

1	Williams, Christine	45 U of T Blue	11.08 q	
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**Women 45-49 60 Meter**

Name	Age	Team	Finals	H#

**Finals**

1	Williams, Christine	45 U of T Blue	11.08	
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**Women 300 Meter**

Name	Age	Team	Finals	H#

**Finals**

1	Omene, Ese	York University Track Club	40.31	1
2	Ruediger, Kate	U of T White	40.43	1
3	Bauer, Nicole	Unattached	42.14	1
4	Cadogan, Ashara	U of T White	42.81	2
5	Dominico, Gillian	Unattached	44.95	3
6	Forde, Diandra	York Lions	45.09	2
7	Bennett, Kaitlyn	York Lions	47.32	2
8	Thornton, Amy	Royal Military Colle	49.07	2
9	Trepanier, Veronique	Royal Military Colle	51.47	3
10	Mashintsova, Marina	U of T White	53.22	3

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results****Women 400 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Ruediger, Kate		U of T White	58.62	
2 Kennedy, Shannon		U of T Blue	1:01.48	
3 Ashara, Cadogan		U of T White	1:02.65	
4 Maryuen, Chantelle		U of T White	1:02.96	

**Women 600 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Bauer, Nicole		Unattached	1:37.11	1
2 Tallman, Emma		Laurentian U - Women	1:37.35	1
3 Kennedy, Shannon		U of T Blue	1:38.28	1
4 Hennessy, Colleen		U of T Blue	1:39.12	1
5 Adamson, Jessica		U of T Blue	1:41.08	1
6 Avery, Kristen		Laurier	1:48.89	2
7 Morin, Amy		Laurier	1:50.51	2
8 Wright, Lindsay		Laurier	1:53.32	2
9 Mashintsova, Marina		U of T White	1:56.30	2

**Women 1000 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 MacLean, Leanna		Phoenix Athletics	2:56.67	
2 Tallman, Emma		Laurentian U - Women	2:56.99	
3 Kallos, Alecia		Queen's University	2:58.98	
4 Larocque, Leah		Queen's University	3:02.98	
5 Hulse, Stephanie		Queen's University	3:03.57	
6 Maher, Paulina		U of T White	3:04.20	
7 Maryuen, Chantelle		U of T White	3:08.19	
8 Marcotte-Toale, Charlotte		U of T Blue	3:14.18	
9 Laughton, Jenipher		Laurier	3:15.28	
10 Stubbs, Ceilidh		Queen's University	3:16.05	
11 Hodkins, Bronwyn		Queen's University	3:22.89	
12 Virgin, Laura		Royal Military Colle	3:47.86	

**Women 1500 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Rempel, Megan		Niagara Olympic Club	4:48.61	
2 Larocque, Leah		Queen's University	4:50.03	
3 Hulse, Stephanie		Queen's University	4:50.87	
4 Flanagan, Kristin		TriCity Hawks	4:52.01	
5 Fox, Erin		TriCity Hawks	5:01.34	
6 Digiacomo, Alex		U of T White	5:06.43	
7 Laughton, Jenipher		Laurier	5:09.72	
8 Tetzlaff, Gracie		Laurentian U - Women	5:11.17	
9 Pettes, Katie		Queen's University	5:14.77	
10 Maziariski, Katie		Laurentian U - Women	5:21.38	
11 MacDonald, Julie		George Brown College	5:34.01	
12 Bedard, Alyssa		Laurentian U - Women	5:42.80	

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results****Women 3000 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Keenleyside, Grace		Queen's University	10:34.89	
2 Mildren, Robyn		individual	10:36.07	
3 Flieler, Stephanie		Laurentian U - Women	10:36.98	
4 Tait, Meghan		Queen's University	10:59.64	
5 Sukkau, Catherine		Laurier	11:11.32	

**Women 60 Meter Hurdles**

Name	Age	Team	Prelims	H#
<b>Preliminaries</b>				
1 George, Phylicia		Project Athletics	8.50 q	

**Women High Jump**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Maessen, Laura		U of T White	1.65m	
2 Oag, Sarah		U of T Blue	1.60m	
3 Blouin, Melanie		U Laval Rouge et Or	1.55m	

**Women Pole Vault**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Blouin, Melanie		U Laval Rouge et Or	3.86m	
2 Bray, Christy		U of T White	3.41m	
2 Fiedler, Erica		University of Guelph	3.41m	
4 Harper, Marielle		U of T Blue	3.21m	
5 Kukovica, Emily		U of T Blue	3.01m	
6 King, Christine		University of Guelph	2.91m	
7 McLeod, Katherine		U of T Blue	2.61m	
8 Cannieri, Marta		U of T White	J2.61m	
9 Sachmann, Yvonne		U of T White	2.51m	
--- Davies, Ashley		U of T Blue	NH	

**Women Long Jump**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Sylvester, Patricia		Project Athletics	6.14m	
2 Mitchell, Kerriann		York University Track Club	5.68m	
3 Hutt-Taylor, Stephanie		U of T White	4.76m	

**Women Triple Jump**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Stewart, Alana		U of T Blue	11.20m	

**Women 29&U Shot Put**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Boyle, Sarah		U of T White	8.59m	

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results****Women 45-49 Shot Put**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Williams, Christine	45	U of T Blue	7.52m	

**Indoor Pentathlon: #5 Women 800 Meter Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Pitman, Jennifer		Univ Western Ontario	2:25.54	
2 Bergin, Juliana		U of T Blue	2:27.52	
3 Villalta, Danielle		York Lions	2:28.17	
4 Jorgensen, Maia		U of T White	2:28.43	
5 Wallace, Lindsay		Hamilton Olympic Clu	2:31.14	
6 Peters, Flo		U of T Blue	2:40.28	
7 Johnson, Katie		Univ Western Ontario	2:41.25	
8 Dobson, Emma		University of Guelph	2:41.77	
9 May, Jessica		University of Guelph	2:43.95	
10 Hayman, Julia		Univ Western Ontario	2:54.37	

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Bergin, Juliana		U of T Blue	9.39	1
2 Villalta, Danielle		York Lions	9.49	1
3 Peters, Flo		U of T Blue	9.62	2
4 Jorgensen, Maia		U of T White	9.68	2
5 Pitman, Jennifer		Univ Western Ontario	9.69	2
6 Hayman, Julia		Univ Western Ontario	9.87	1
7 May, Jessica		University of Guelph	9.94	3
8 Wallace, Lindsay		Hamilton Olympic Clu	9.95	2
9 Dobson, Emma		University of Guelph	9.98	3
10 Johnson, Katie		Univ Western Ontario	12.47	1

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Pitman, Jennifer		Univ Western Ontario	1.66m	
2 Johnson, Katie		Univ Western Ontario	1.60m	
3 Villalta, Danielle		York Lions	1.57m	
3 Peters, Flo		U of T Blue	1.57m	
5 Dobson, Emma		University of Guelph	1.54m	
6 May, Jessica		University of Guelph	1.51m	
7 Wallace, Lindsay		Hamilton Olympic Clu	1.45m	
8 Bergin, Juliana		U of T Blue	1.39m	
8 Hayman, Julia		Univ Western Ontario	1.39m	
8 Jorgensen, Maia		U of T White	1.39m	

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Villalta, Danielle		York Lions	5.16m	
2 Bergin, Juliana		U of T Blue	5.14m	

**Finals ... (Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon)**

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results**

Name	Age	Team	Finals	H#
3 Pitman, Jennifer		Univ Western Ontario	4.98m	
4 Jorgensen, Maia		U of T White	4.81m	
5 Dobson, Emma		University of Guelph	4.67m	
6 May, Jessica		University of Guelph	4.61m	
7 Johnson, Katie		Univ Western Ontario	4.60m	
8 Wallace, Lindsay		Hamilton Olympic Clu	4.45m	
9 Hayman, Julia		Univ Western Ontario	4.44m	
10 Peters, Flo		U of T Blue	4.31m	

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Bergin, Juliana		U of T Blue	11.71m	
2 Villalta, Danielle		York Lions	9.26m	
3 Johnson, Katie		Univ Western Ontario	8.98m	
4 Dobson, Emma		University of Guelph	8.96m	
5 Jorgensen, Maia		U of T White	8.85m	
6 May, Jessica		University of Guelph	8.58m	
7 Wallace, Lindsay		Hamilton Olympic Clu	7.70m	
8 Pitman, Jennifer		Univ Western Ontario	7.40m	
9 Peters, Flo		U of T Blue	7.33m	
10 Hayman, Julia		Univ Western Ontario	7.07m	

**Women Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Villalta, Danielle		York Lions	3311	
2 Bergin, Juliana		U of T Blue	3296	
3 Pitman, Jennifer		Univ Western Ontario	3242	
4 Jorgensen, Maia		U of T White	2950	
5 Dobson, Emma		University of Guelph	2869	
6 Peters, Flo		U of T Blue	2793	
7 May, Jessica		University of Guelph	2776	
8 Wallace, Lindsay		Hamilton Olympic Clu	2762	
9 Johnson, Katie		Univ Western Ontario	2532	
10 Hayman, Julia		Univ Western Ontario	2411	

**Men 29&U 60 Meter**

Name	Age	Team	Prelims	H#
<b>Preliminaries</b>				
1 Warner, Justyn		York University Track Club	6.90 q	1
2 Halstead, Tyrone		York University Track Club	6.96 q	1
3 Ogunde, Olu		York University Track Club	7.07 q	1
4 Ihunagebo, Raphael		U of T White	7.22 q	1
5 He, Jam		U of T White	7.34 q	2
6 Johnson, Chris		U of T Blue	7.41 q	2
7 Cordeau, Felix-Olivier		Royal Military Colle	7.44 q	3
8 Yanni, Yussuf		York Lions	7.44 q	3
9 Francis, Jafari		U of T Blue	7.56 q	2
10 Lambert, Jermaine		U of T White	7.56 q	1

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results**

Name	Age	Team	Prelims	H#
11 Waters, Jay		Unattached	7.57 q	4
12 Lopez, Hugo		U of T Blue	7.61 q	1
13 Khan, Jeremy		York Lions	7.61 q	3
14 Kim, Donghun		York Lions	7.62 q	4
15 Nnawuchi, Kema		U of T Blue	7.63 q	2
16 Miron-Morin, Maxime		Royal Military Colle	7.74 q	4
17 Foubert, Jason		Unattached	7.82	2
18 Chun, Sterling		U of T Blue	7.86	4
19 Ziamba, Andrew		York Lions	7.93	3

**Men 29&U 60 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Warner, Justyn		York University Track Club	6.80	1
2 Halstead, Tyrone		York University Track Club	6.95	1
3 Ihunagebo, Raphael		U of T White	7.21	1
4 Johnson, Chris		U of T Blue	7.41	1
5 Yanni, Yussuf		York Lions	7.42	1
6 Cordeau, Felix-Olivier		Royal Military Colle	7.42	1
7 Francis, Jafari		U of T Blue	7.47	2
8 Lambert, Jermaine		U of T White	7.52	1
9 Waters, Jay		Unattached	7.57	2
10 Khan, Jeremy		York Lions	7.58	2
11 Nnawuchi, Kema		U of T Blue	7.62	2
12 Miron-Morin, Maxime		Royal Military Colle	7.65	2
13 Kim, Donghun		York Lions	7.68	2
14 Lopez, Hugo		U of T Blue	7.68	2
--- Ogunde, Olu		York University Track Club	DNF	1

**Men 40-44 60 Meter**

Name	Age	Team	Prelims	H#
<b>Preliminaries</b>				
1 Lemassif, Chris	44	U of T White	7.77 q	4

**Men 40-44 60 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Lemassif, Chris	44	U of T White	7.78	1

**Men 55-59 60 Meter**

Name	Age	Team	Prelims	H#
<b>Preliminaries</b>				
--- Umetsu, Wayne	55	U of T Blue	DNF	4

**Men 29&U 300 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Harris, Tremaine		York University Track Club	34.82	1
2 Chan, Daniel		U of T White	36.10	1
3 Cordeau, Felix-Olivier		Royal Military Colle	37.06	2
4 Waters, Jay		Unattached	37.46	2

Finals ... (Men 29&amp;U 300 Meter)

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results**

Name	Age	Team	Finals	H#
5 Blackford, Chris		U of T White	37.83	1
6 Ward, Patrick		U of T White	38.07	3
7 Sohawon, Yasin		York Lions	38.45	3
8 Miron-Morin, Maxime		Royal Military Colle	38.73	2
9 Brumwell, Dave		U of T Blue	38.92	3
10 Khanna, Nintin		U of T White	40.09	4
11 Forde-Cummings, Bradley		York Lions	40.21	4
12 Chun, Sterling		U of T Blue	41.0h	3

**Men 40-44 300 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Winston, Greg	40	U of T White	37.60	4

**Men 45-49 300 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
--- Sherar, Mike	47	U of T White	DNF	4

**Men 29&U 600 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Trnkus, Michael		U of T Blue	1:22.28	
2 Nishiyama, Michael		Queen's University	1:23.99	
3 Anderson, Travis		Unattached	1:25.01	
4 Mountjoy, Jeff		Queen's University	1:25.03	
5 Brecher, Jay		U of T Blue	1:28.69	
6 Acquave, Joseph		York Lions	1:30.15	
7 Brumwell, Dave		U of T Blue	1:31.89	
8 Bernatchez, David		Royal Military Colle	1:32.80	
9 Polos, Ian		Queen's University	1:32.99	
10 Gascho, Jonathon		Laurier	1:33.07	
11 Yen-Chui, Jeremy		Queen's University	1:36.09	
12 Keen, Peter		Laurier	1:40.70	
13 Vadala, Jordan		Royal Military Colle	1:40.74	
14 Belzile, Felix		Royal Military Colle	1:42.74	

**Men 45-49 600 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Sherar, Mike	47	U of T White	1:25.17	

**Men 1000 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Smith, Kyle		Phoenix Athletics	2:30.00	
2 Nishiyama, Michael		Queen's University	2:34.42	
3 Tremain, Rich		TriCity Hawks	2:34.94	
4 Brecher, Jay		U of T Blue	2:35.93	
5 Behan, Jeff		Queen's University	2:38.81	
6 Mountjoy, Jeff		Queen's University	2:40.18	

**Finals ... (Men 1000 Meter)**

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results**

Name	Age	Team	Finals	H#
7 Diebel, Sebastian		Track North	2:47.45	
8 Polos, Ian		Queen's University	2:47.46	
9 Belhu, Michael		York Lions	2:49.70	
10 Wilson, Mitsuru		U of T White	2:49.80	
11 Hathaway, Oliver		Queen's University	2:49.98	
12 Moreno-Bautista, Gabriel		TriCity Hawks	2:55.28	
13 Fleet, Matthew		Royal Military Colle	3:03.15	
--- Jessup, Jamie		Royal Military Colle	DNF	

**Men 1500 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Ikram, Sohaib		Laurier	4:03.15	
2 Munyua Nganga, Amos		George Brown College	4:05.06	
3 Patterson, Clay		Queen's University	4:06.50	
4 Messina, Phil		U of T White	4:13.65	
5 Cameron, Brett		Laurier	4:19.57	
6 Marshall, John		Royal Military Colle	4:24.85	
7 Marshall, Alex		Laurier	4:24.96	
8 Mitts, Jordan		Laurier	4:25.56	
9 Hayes, Richard		Royal Military Colle	4:27.96	
10 Hathaway, Oliver		Queen's University	4:28.08	
11 Diebel, Sebastian		Track North	4:28.80	
12 Henderson, Eric		Royal Military Colle	4:33.63	
13 Galloway, Stuart		Niagara Olympic Club	4:34.07	
14 Saul, Donald		Royal Military Colle	4:34.74	
15 Hill, George		Laurier	4:35.03	
16 Johnson, Corbin		Queen's University	4:40.35	
17 Lafreniere-Abel, Olivier		Royal Military Colle	4:40.95	
18 Patterson, Sean		Laurier	4:41.17	
19 Shannon, Colin		Royal Military Colle	5:04.52	

**Men 29&U 3000 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Caldwell, Trevor		Unattached	8:20.47	
2 Kitz, Robert		Unattached	8:36.14	
3 Archer, Jeff		Queen's University	8:46.79	
4 Boyd, Steve		Unattached	8:49.35	
5 O'Sullivan, Dylan		Unattached	8:49.99	
6 Ahmed, Zain		U of T Blue	8:54.93	
7 Pavelic, Antun		U of T Blue	8:58.73	
8 Strokach, Alexey		U of T White	9:04.42	
9 Hosier, Steve		Unattached	9:06.54	
10 Holden, Max		U of T Blue	9:09.55	
11 Belluzzo, Alex		U of T White	9:15.12	
12 Cargill, Chantry		Track North	9:19.40	
13 Tiampo, Matt		Queen's University	9:22.24	
14 Belhu, Michael		York Lions	10:13.80	
15 Moreno-Bautista, Gabriel		TriCity Hawks	10:15.44	

**Finals ... (Men 29&U 3000 Meter)**



**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results**

Name	Age	Team	Finals	H#
--- Morrison, Spencer		University of Toronto	DNF	

**Men 35-39 3000 Meter**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Tsai, Ming	39	U of T Blue	10:05.27	

**Men 60 Meter Hurdles**

Name	Age	Team	Prelims	H#
<b>Preliminaries</b>				
1 Theriau, Chris		York University Track Club	8.33 q	
2 Guenette, Jason		U Laval Rouge et Or	8.68 q	
3 He, Jam		U of T White	8.71 q	
4 Chan, Daniel		U of T White	8.72 q	
5 Sin, Jeremy		U of T Blue	8.79 q	
6 Daly Grafstein, Matt		U of T White	8.92 q	
7 Francis, Jafari		U of T Blue	8.98 q	

**Men 60 Meter Hurdles**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Theriau, Chris		York University Track Club	8.34	
2 Guenette, Jason		U Laval Rouge et Or	8.61	
3 He, Jam		U of T White	8.62	
4 Chan, Daniel		U of T White	8.64	
5 Sin, Jeremy		U of T Blue	8.78	
6 Francis, Jafari		U of T Blue	8.79	
7 Daly Grafstein, Matt		U of T White	8.82	

**Men 4x200 Meter Relay**

Team	Relay	Finals	H#
<b>Finals</b>			
1 U of T White	A	1:35.90	
2 University of Toronto	C	1:38.44	
3 U of T Blue	A	1:38.71	
4 Unattached	D	1:40.30	

**Men 3x400 Meter Relay**

Team	Relay	Finals	H#
<b>Finals</b>			
1 U of T Blue	A	2:42.81	
2 U of T White	A	2:45.67	

**Men 4x800 Meter Relay**

Team	Relay	Finals	H#
<b>Finals</b>			
1 Royal Military Colle	A	9:07.10	

**Men High Jump**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Dillon, Mark		U of T Blue	2.20m	

Finals ... (Men High Jump)

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results**

Name	Age	Team	Finals	H#
2 Witmer, Alex		U of T White	2.15m	
3 Lee, Hwang		Hamilton Olympic Clu	1.85m	
4 Pitfield, Chris		U of T White	1.75m	
5 Tremblay, Nick		Royal Military Colle	J1.75m	
6 Mauk, Imran		Unattached	1.65m	

**Men Pole Vault**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Benard, Townsend		U of T Blue	4.35m	
2 Worndl, Paul		Unattached	4.25m	
3 Dorion, Josh		South Simcoe Dufferi	4.15m	
4 Larsson, Ruben		U of T White	4.05m	
5 Sniatenchuk, James		Unattached	J4.05m	
6 Daly, Connor		U of T Blue	3.55m	
7 Tevernier, Telvin		South Simcoe Dufferi	3.45m	
7 Larsson, Emil		Unattached	3.45m	
9 Steubing, James		Unattached	3.25m	
--- Heliotos, Dean		South Simcoe Dufferi	NH	
--- Moran, Billy		South Simcoe Dufferi	NH	

**Men Long Jump**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Kim, Donghun		York Lions	5.90m	
2 Khan, Jeremy		York Lions	5.83m	
3 Yanni, Yussuf		York Lions	5.59m	
4 Beatty, Brendan		York Lions	5.48m	
4 Ziamba, Andrew		York Lions	5.48m	

**Men Triple Jump**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Guenette, Jason		U Laval Rouge et Or	12.77m	

**Indoor Pentathlon: #5 Men 1000 Meter Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Bergin, Chris		Univ Western Ontario	2:56.17	
2 Robertson, Chris		Univ Western Ontario	2:58.23	
3 Massar, Justin		York Lions	3:08.75	
4 Withers, Ben		Univ Western Ontario	3:10.10	
5 Simmons, Connor		University of Guelph	3:12.66	
6 Dow, Levi		York Lions	3:13.02	
7 Edwards, Kyle		University of Guelph	3:13.09	
8 Matheson, Brad		York Lions	3:15.26	
9 Ritchie, Don		Unattached	3:20.48	
10 Denes, Joe		Unattached	3:20.67	
11 Ausman, Paul		U of T Blue	3:21.90	

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results****Indoor Pentathlon: #1 Men 60 Meter Hurdles Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Denes, Joe		Unattached	9.01	2
2 West, Mat		Saugeen T&F Club	9.07	1
3 Robertson, Chris		Univ Western Ontario	9.23	2
4 Matheson, Brad		York Lions	9.27	1
5 Dow, Levi		York Lions	9.86	1
6 Ritchie, Don		Unattached	10.08	1
7 Withers, Ben		Univ Western Ontario	10.29	2
8 Massar, Justin		York Lions	10.46	1
9 Edwards, Kyle		University of Guelph	10.76	2
10 Simmons, Connor		University of Guelph	10.78	2
11 Bergin, Chris		Univ Western Ontario	11.09	1
12 Ausman, Paul		U of T Blue	11.45	2

**Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 West, Mat		Saugeen T&F Club	1.92m	
1 Dow, Levi		York Lions	1.92m	
3 Edwards, Kyle		University of Guelph	1.80m	
4 Withers, Ben		Univ Western Ontario	1.77m	
5 Robertson, Chris		Univ Western Ontario	1.74m	
5 Simmons, Connor		University of Guelph	1.74m	
7 Denes, Joe		Unattached	1.71m	
8 Bergin, Chris		Univ Western Ontario	1.65m	
8 Massar, Justin		York Lions	1.65m	
10 Ausman, Paul		U of T Blue	1.59m	
10 Matheson, Brad		York Lions	1.59m	
12 Ritchie, Don		Unattached	1.56m	

**Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Withers, Ben		Univ Western Ontario	6.18m	
2 West, Mat		Saugeen T&F Club	6.10m	
3 Simmons, Connor		University of Guelph	5.75m	
4 Dow, Levi		York Lions	5.70m	
5 Denes, Joe		Unattached	5.64m	
6 Edwards, Kyle		University of Guelph	5.59m	
7 Bergin, Chris		Univ Western Ontario	5.46m	
8 Matheson, Brad		York Lions	5.45m	
9 Robertson, Chris		Univ Western Ontario	5.44m	
10 Massar, Justin		York Lions	5.03m	
11 Ritchie, Don		Unattached	4.87m	
12 Ausman, Paul		U of T Blue	4.47m	

**Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon**

Name	Age	Team	Finals	H#
<b>Finals</b>				
1 Massar, Justin		York Lions	11.63m	

**Finals ... (Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon)**

**Fred Foot Memorial - 21/01/2011 to 22/01/2011****University of Toronto****Results**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals</b>	<b>H#</b>
2 West, Mat		Saugeen T&F Club	11.19m	
3 Denes, Joe		Unattached	10.40m	
4 Withers, Ben		Univ Western Ontario	10.19m	
5 Robertson, Chris		Univ Western Ontario	9.67m	
6 Dow, Levi		York Lions	9.26m	
7 Ritchie, Don		Unattached	9.19m	
8 Ausman, Paul		U of T Blue	9.08m	
9 Bergin, Chris		Univ Western Ontario	8.97m	
10 Edwards, Kyle		University of Guelph	8.95m	
11 Matheson, Brad		York Lions	7.87m	
12 Simmons, Connor		University of Guelph	7.72m	

**Men Indoor Pentathlon**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals</b>	<b>H#</b>
<b>Finals</b>				
1 Robertson, Chris		Univ Western Ontario	2890	
2 Dow, Levi		York Lions	2805	
3 Denes, Joe		Unattached	2792	
4 Withers, Ben		Univ Western Ontario	2782	
5 Massar, Justin		York Lions	2514	
6 Edwards, Kyle		University of Guelph	2499	
7 Matheson, Brad		York Lions	2496	
8 Bergin, Chris		Univ Western Ontario	2457	
9 Simmons, Connor		University of Guelph	2409	
10 Ritchie, Don		Unattached	2233	
11 Ausman, Paul		U of T Blue	1939	